

SAN DIEGO CENTRAL COUNTY PARKINSON'S SUPPORT GROUP UPDATE

03/17/2020

COVID-19 INFORMATION & PREPARATION FOR PEOPLE WITH PARKINSON'S

Abigail Lawler, MD, Neurologist, Movement Disorder Specialist, and Medical Director of the Parkinson's Association of San Diego, has issued a letter entitled: ***What to Expect and How to Prepare for Coronavirus with Parkinson's Disease***. You may have received it in a recent PASD email. If not, it is attached for your reference. Please take time to read it as the information conveyed and resources listed are most relevant, clear and comprehensive and designed to help those of us living with Parkinson's do so successfully during the Coronavirus (COVID-19) outbreak.

Additionally, on page 2 of this attachment, you will find a highlighted item addressing the importance of obtaining a free ***Parkinson's medical Aware in Care Kit***. If you do not have one or if you do, but have not yet stocked it, please make that your priority "next step". You have a choice as to how to order a kit:

1. You can call the Parkinson's Foundation: 1.800.473.4636.
2. You can order a kit on the Parkinson's Foundation website: www.parkinson.org
3. You can reply to this email with the following information:
 - a. First and last name of the person with Parkinson's
 - b. Mailing address
 - c. Year of diagnosis
 - d. Yes or No: Would you be willing to take a survey in 1 and 6 months?

Please know our entire Parkinson's community is committed to providing you with ongoing support, information and education. Look for additional *SDCCPSG Updates* over the next several days and weeks.

Sincerely,
Nancy

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