

# UPDATE

## COVID-19 INFORMATION & PREPARATION

03/15/2020

Attached are third-party resources for you regarding the Coronavirus as it pertains to people with Parkinson's.

**1. Parkinson's Foundation: ONLINE:**

***Ask the Experts: Coronavirus and Parkinson's Disease***

**When:** Wednesday, March 18<sup>th</sup>, 2020

**Where:** Online

**Time:** 7:00AM PST

**RSVP at:** <https://www.parkinson.org/get-involved/events/2020/Ask-Experts-Coronavirus>

**2. Parkinson's Foundation: ARTICLE: *The Coronavirus and Parkinson's Disease***

<https://www.parkinson.org/blog/tips/Coronavirus#>

**3. Davis Phinney Foundation: ARTICLE:**

***How to Practice Social Distancing Without Losing Your Connections***

<https://www.davisphinneyfoundation.org/blog/how-to-practice-social-distancing-without-losing-your-connections/>

**4. California Governor Gavin Newsom mandates 5.3 million senior citizens and others at risk to stay home in an effort to slow the spread of coronavirus. NEWS ARTICLE:** <https://www.latimes.com/california/story/2020-03-15/california-calls-on-5-3-million-senior-citizens-to-stay-home-because-of-coronavirus-what-you-need-to-know>

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